

**CURRICULUM VITAE
SARA FARNETTI**



PERSONAL INFORMATION

Name **SARA FARNETTI MD, PH.D.**
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E-mail and site sara.farnetti@eutrophia.it <http://www.sarafarnetti.it>
Nazionalità **ITALIAN**
Date of birth **09/01/1978**

WORK EXPERIENCE

• Date (from – to) **2005 – 2006**
• Name and address of the employer **Università Cattolica Sacro Cuore - Rome
First National Training course on Celiac Disease ECM**
• Type of company University
• Position Teacher
• Main tasks and responsibilities

• Date (from – to) **2005 – 2008**
• Name and address of the employer **Study Centre of Natural Medicine of Florence
Course: Functional Food N.a.m.e.**
• Type of company Study Centre
• Position Teacher
• Main tasks and responsibilities

• Date (from – to) **2005 – 2009**
• Name and address of the employer **New Port University - Rome
Course: Functional Food**
• Type of company University
• Position Teacher
• Main tasks and responsibilities

• Date (from – to)	2005 – 2009
• Name and address of the employer	New Port University. Sede di Roma
• Type of company	University
• Position	Teacher
• Main tasks and responsibilities	
• Date (from – to)	2006 – 2008
• Name and address of the employer	Medical Hospital School, Borgo S. Spirito- Roma
• Type of company	Medical Hospital School
• Tipo di impiego	Teacher
• Principali mansioni e responsabilità	Teacher for the ECM course of “Prevention of the cardiovascular disease at the table”
• Date (from – to)	2005 – 2010
• Name and address of the employer	Art Accademy Health of S. Spirito in Sassia- Roma
• Type of company	Accademy
• Position	Co-director
• Main tasks and responsibilities	Four years master for doctors and biologist in Nutritional Bioteraphy, for the discipline of Functional Food.
• Date (from – to)	2007
• Name and address of the employer	Association Eutrophia www.eutrophia.it
• Type of company	Association
• Position	Chairman of Eutrophia
• Main tasks and responsibilities	Functional Food for the Study
• Date (from – to)	2007 – 2008
• Name and address of the employer	Rotaract District 2080 Lazio - Sardegna
• Type of company	
• Position	Project Manager
• Main tasks and responsibilities	“Health Power” Project Manager
• Date (from – to)	2007 – 2008
• Name and address of the employer	Working Group on the Rights of the Child.
• Type of company	

<ul style="list-style-type: none"> • Position • Main tasks and responsibilities 	<p>Project Manager</p> <p>4th Report on the update and monitoring of the Convention on the Rights of Adolescents in Italy 2007-2008.</p>
<ul style="list-style-type: none"> • Date (from – to) • Name and address of the employer • Type of company • Position • Main tasks and responsibilities 	<p>2008</p> <p>International Competition “Miss Italia nel Mondo” 2008 – Jesolo http://www.eutrophia.it/RassegnaStampa/RassegnaStampa.aspx</p> <p>International Competition</p> <p>Project Manager</p> <p>Project: “Power supply: Elixir of Health and Beauty”</p>
<ul style="list-style-type: none"> • Date (from – to) • Name and address of the employer • Type of company • Position • Main tasks and responsibilities 	<p>2008</p> <p>National Competition “Miss Italia” 2008 – Salsomaggiore http://www.eutrophia.it/RassegnaStampa/RassegnaStampa.aspx</p> <p>National Competition</p> <p>Project Manager</p> <p>Project: “Supply the Beauty”</p>
<ul style="list-style-type: none"> • Date (from – to) • Name and address of the employer • Type of company • Position • Main tasks and responsibilities 	<p>2009</p> <p>Foundation “Movimento Bambino” http://www.movimentobambino.org/index.php</p> <p>Foundation</p> <p>Contact person</p>
<ul style="list-style-type: none"> • Date (from – to) • Name and address of the employer • Type of company • Position • Main tasks and responsibilities 	<p>2009</p> <p>National Competition “Miss Italia” 2009 – Salsomaggiore Ministry of Labour, Health and Social Policy and LILT http://www.eutrophia.it/MissItalia/MI2009.aspx</p> <p>National Competition Committee</p> <p>Project Manager</p> <p>Responsible of the Head of the "Once upon a time the usual stuff," as part of the Memorandum of Understanding "Gaining Health", under the patronage of the Ministry of Labour, Health and Social Policies and LILT.</p>
<ul style="list-style-type: none"> • Date (from – to) • Name and address of the employer • Type of company • Position • Main tasks and responsibilities 	<p>2010</p> <p>Rome Municipality and the association ADAO</p> <p>Project Manager</p> <p>Curator of the pilot project for primary school: "The Game of the Goose with the Food. "</p>

- Date (from – to)
- Name and address of the employer
- Type of company
- Position
- Main tasks and responsibilities

2010

Magazine Donna Moderna

Mondadori Publisher Group

Contact Nutritionist

Blog: Women and Moms: from conception, to raising children-food section.
<http://blog.donnamoderna.com/donna-mamma/>

- Date (from – to)
- Name and address of the employer
- Type of company
- Position
- Main tasks and responsibilities

2010

SISA (Italian Society of Food Science)

Private Association

Sisa's Member and AIC(**Italian Celiac Association**)'s Delegate

- Date (from – to)
- Name and address of the employer
- Type of company
- Position
- Main tasks and responsibilities

2010

LILT (Italian League for the Fight against Cancer). <http://www.eutrophia.it/Corsi/PrevOnc/PrevenzioneO.aspx>

League

National Week for Cancer Prevention - Editorial brochure - We feed prevention to defeat cancer

- Date (from – to)
- Name and address of the employer
- Type of company
- Position
- Main tasks and responsibilities

2010

Medical Association of Rome, LILT, the Fair Play of CONI, the SIDeMaST (Italian Society of Dermatology and Sexually Transmitted Diseases) and SISA (Italian Society Science Supply) National Competition "Miss Italy" 2010, Salsomaggiore.

Project manager

Project "Health makes you Beautiful"

- Date (from – to)
- Name and address of the employer
- Type of company
- Position
- Main tasks and responsibilities

2010 -12

University of Rome, La Sapienza

University

Project manager

Lecturer, Master's Degree in Clinical Nutrition and Metabolism (Prof. Rossi Fanelli).

- Date (from – to)

2011

• Name and address of the employer	Medical Association of Rome, LILT, the Fair Play of CONI, the SIDeMaST (Italian Society of Dermatology and Sexually Transmitted Diseases) and SISA (Italian Society Science Supply).
• Type of company	Associations
• Position	Project coordinator
• Main tasks and responsibilities	.
• Date (from – to)	2011
• Name and address of the employer	TEDx
• Type of company	
• Position	
• Main tasks and responsibilities	Rapporteur TEDx "All you know about food is false" - Reggio Emilia.
• Date (from – to)	14 March - 16 May 2013
• Name and address of the employer	EATALY. Rome.
• Type of company	
• Position	Teacher
• Main tasks and responsibilities	Monographyc Course: "Unlike food. Everything you know about food is fake "
• Date (from – to)	17 January - 7 March 2013. - 2015
• Name and address of the employer	 AIS-BIBENDA. Rome
• Type of company	<i>Private Association</i>
• Position	Teacher

Monographic Course: "Unlike food. Everything you know about food is fake "

. Date .
. Name and address of the employer
. Type of company
. Position

February, 2015
Ministry of Health
EXPO Milan
Working table conference - The first draft of the "Milan Charter

. Date .
. Name and address of the employer
. Type of company
. Position

April , 2015
Ministry of Agricultural
EXPO Milan
Working table conference - Go to Milan Carte

. Date .
. Name and address of the employer
. Type of company
. Position

October, 2015
Ministry of Health
EXPO Milan
Working table conference Feeding the planet in health. *A High- Level International Meeting convened by the Ministry of Health to focus on Nutrition*

. Date .
. Name and address of the employer
. Type of company
. Position

April 2016
Ministry of Health

Working table conference - **National Women Health Day**

• Date (from – to)
• Name and address of the employer
• Type of company
• Position

6 May, 2016
TEDx LUISS (r)evolution

Rapporteur TEDx "Functional Nutrition: the key of the life" – Rome

• Date (from – to)
• Name and address of the employer
• Type of company
• Position

2016
Strategic Advisor for Barilla Center for Food & Nutrition

BCFN - Barilla Center for Food & Nutrition
Strategic Advisor

• Date (from – to)
• Name and address of the employer
• Type of company
• Position

2016 - 2019
Post graduated course

LUISS University
Director - Professor

• Date (from – to)

2018

- Name and address of the employer
- Type of company
- Position

Delegate for ENPAM in the Scientific committee

FICO foundation Bologna , Italy

Scientific committee

EDUCATION AND TRAINING

<ul style="list-style-type: none">• Date (from – to)• Name and type of organization providing education and training• Principal subjects / occupational skills covered by the study• Qualifications/Awards	<p>1992 – 1997</p> <p>Liceo Scientifico “Ignazio Vian”, Bracciano</p> <p>High School Diploma “Maturità Scientifica” (gradesi 60/60)</p>
<ul style="list-style-type: none">• Date (from – to)• Name and type of organization providing education and training• Principal subjects / occupational skills covered by the study• Qualifications/Awards	<p>1997 – 2003</p> <p>“Università Cattolica del Sacro Cuore” Rome</p> <p>Thesis titled in experimental character: Body composition and regulation of energy metabolism in patients with celiac disease before and after gluten-free diet: the role of leptin and ghrelin.</p> <p>Degree in Medicine and Surgery (110/110 cum laude)</p>
<ul style="list-style-type: none">• Date (from – to)• Name and type of organization providing education and training	<p>2003</p> <p>“Università Cattolica del Sacro Cuore” Rome</p>

• Qualifications/Awards

Attainment of the suitability to practice medicine and surgery (vote points 110/110)

- Date (from – to)
- Name and type of organization providing education and training
- Principal subjects / occupational skills covered by the study
- Qualifications/Awards

2002

“Università Cattolica del Sacro Cuore” Rome

Scholarship for the year 2002-2003 in order to achieve, within the regular session, all of the exams required by the law of the Degree in Medicine and Surgery

- Date (from – to)
- Name and type of organization providing education and training
- Principal subjects / occupational skills covered by the study
- Qualifications/Awards

2003

“Università Cattolica del Sacro Cuore” Rome

Scholarship for discussion before the summer session in July 2003, Thesis Degree in Medicine and Surgery

- Date (from – to)
- Name and type of organization providing education and training
- Principal subjects / occupational skills covered by the study
- Qualifications/Awards

2004

SIMI

Young Researchers Award: S. Farnetti., E. Capristo, M. Certo, G., L. Abenavoli, L. Leggio, N. Malandrino, G. De Lorenzi, G. Mingrone, G. Gasbarrini. Reduced plasma ghrelin concentration in celiac disease after gluten-free diet treatment

- Date (from – to)
- Name and type of organization providing education and training
- Principal subjects / occupational skills covered by the study
- Qualifications/Awards

2008

“Università Cattolica del Sacro Cuore” Rome

Thesis titled in experimental character: Effect of the use of extra virgin olive oil, unaltered and fried on glucose metabolism in insulin-resistant subjects

Degree in Internal Medicine (grade 50/50 cum laude)

- Date (from – to)
- Name and type of organization providing education and training
- Principal subjects / occupational skills covered by the study
- Qualifications/Awards

2008

“Università Cattolica del Sacro Cuore” Rome

Ph.D. in Pathophysiology of Nutrition and Metabolism

- Date (from – to)
- Name and address of the employer
- Type of company
- Position

2014 1 April

DRI (Diabetes Research Institute)

Federation

Director, DRI Federation Wellness and Nutrition Program

Director, Eutrophia Center Rome, Italy

• Date (from – to)	2014 - 2018
• Name and address of the employer	Division of Cellular Transplantation, Diabetes Research Institute
• Type of company	University of Miami Miller School of Medicine.
• Position	Assistant Professor
• Main tasks and responsibilities	Wellness and Nutrition Program

PERSONAL SKILLS

MOTHER TONGUE **ITALIAN**

OTHER LANGUAGES

ENGLISH

• Reading	Good
• Writing	Good
• Speaking	Good

TECHNICAL SKILLS

DRIVING LINCENSE B

ORGANIZATIONAL/
MANAGERIAL SKILLS

RECOGNIZED ABILITY TO REPORT AND COORDINATE PEOPLE GROUP.
WORK EXPERIENCE. LEADERSHIP SKILLS. PUBLIC SPEAKING OF HIGHER
LEARNING.
HIGH CAPACITY OF ORAL COMMUNICATION.

ADDITIONAL INFORMATION

CHARITABLE ACTIVITY

2000-2001: MIF at the Institute of Medical Pathology headed by Prof. Chiar.mo Citizens, Laboratory of Molecular Oncology, Biological Institutes, Catholic University of the Sacred Heart, Rome office.

2001-2002: MIF in the Division of Gastroenterology, directed by Prof. Antonio Gasbarrini, Department of Internal Medicine, Catholic University of the Sacred Heart, Rome office.

2002-2003: MIF in the Division of Endocrinology and Metabolic Diseases, led by Prof. Aldo V. Greco, Institute of Internal Medicine, Catholic University of the Sacred Heart, Rome office.

2003-2008: MIF at the Institute of Internal Medicine, Metabolic Diseases Division, headed by Prof. Raffaele Landolfi Chiar.mo, Catholic University of the Sacred Heart, Rome office.

2003-2008: Working at the Service of Day-Hospital of Endocrinology and Metabolism Metabolic Diseases, Catholic University of the Sacred Heart, Rome office.

COVERED TOPICS

KEY SCIENTIFIC TOPICS COVERED

- Internal Medicine
- Functional Metabolic Approach to nutrition : the use of food and its associations in the various functional and organic diseases on the basis of the correlations : food - body - cell – hormonal balance – metabolism
- Metabolic Syndrome: prevention and downstaging of the risk factors
- Diabetes mellitus type 2: the strategies to manage, to cure and to heal insulin resistance and hyperinsulinism
- Dyslipidemia
- Obesity: pathophysiology and therapeutic approach. Surgical treatment of obesity: implications for clinical and nutritional follow-up
- Celiac disease: systemic Functional approach to a complex syndrome
- Food intolerance and the organs functions implication
- Functional nutrition in critical age groups (adolescence, pregnancy, menopause, old-age)
- Role of supplements and herbal products
- Studies of the kinetics and dynamics of the main energy substrates in parenteral and enteral nutrition, particularly with regard to glucose, saturated fatty acids , monounsaturated (MUFA) and polyunsaturated (PUFA), medium chain (MCT), and the different cooking modes of fat
- Kinetic studies of essential fatty acids : therapeutic implications of fatty acids Omega 6 and Omega 3 in chronic diseases and intestinal Crohn's disease, celiac disease and ulcerative colitis, acute alcohol in pathology, in NAFLD and

- Pathophysiology of acute and chronic damage from alcohol. Treating alcohol dependence : pharmacological approaches - Metabolic and nutritional aspects in alcoholic patients.

PUBLICATIONS

ARTICLES PUBLISHED ON MAGAZINES WITH SELECTION COMMITTEE NATIONAL AND INTERNATIONAL

Prof Farnetti has been conducting multi-center clinical studies with the role of principal investigator since 2010. Dr Farnetti as a principal investigator has been treating patients, gathering the data, and writing in English the manuscripts to be submitted for the peer-review to the editorial committee of the international journals.

Donato Paola, Rigano F, Cacciola Francesco, Schure M, Farnetti Sara, Russo Marina, Dugo Paola, Mondello Luigi. Comprehensive two-dimensional liquid chromatography-tandem mass spectrometry for the simultaneous determination of wine polyphenols and target contaminants. *J Chromatogr A*. 2016; 5, 1458:54-62

Marina Russo, Adriana Arigò, Maria Luisa Calabrò, Sara Farnetti, Luigi Mondello, Paola Dugo. Bergamot (*Citrus bergamia* Risso) as a source of nutraceuticals: Limonoids and flavonoids. *Journal of Functional Foods* 20 (2016) 10–19.

Meriem Mokhtar, Marina Russo, Francesco Cacciola, Paola Donato, Daniele Giuffrida, Ali Riazi, Sara Farnetti, Paola Dugo, et al. Capsaicinoids and Carotenoids in *Capsicum annum* L.: Optimization of the Extraction Method, Analytical Characterization, and Evaluation of its Biological Properties. *Food Anal. Methods* (2016) 9:1381–1390. *J. Sep. Sci.* 2016, 39, 2018–2027.

Marina Russo, Francesca Rigano, Adriana Arigo, Danilo Sciarrone, Maria Luisa Calabrò Sara Farnetti, Paola Dugo, Luigi Mondello. Rapid isolation, reliable characterization, and water solubility improvement of polymethoxyflavones from cold-pressed mandarin essential oil

S. Pantò D., Sciarrone, M. Maimone., C. Ragonese, S. Giofrè, P. Donato, S. Farnetti, L. Mondello. Performance Evaluation of a Versatile Multidimensional Chromatographic Preparative System based on 3DGC and LC-2DGC for the collection of volatile constituents.

Review : *Chromatogr A*. 2015 ; 1417:96-103

C Ricordi, M Garcia-Contreras, S Farnetti. Diet and Inflammation: Possible Effects on Immunity, Chronic Diseases, and Life Span. *ACNJ*. 2015; 34, (1): 10-13.

MONOGRAPHS CHAPTERS , BOOKS AND SCIENTIFIC ESSAYS

1. S. Farnetti "Functional Nutrition" Ed September 2018 BUR VARIA
2. S. Farnetti . " Everything you know about food is false " English
Ed 2016 Verduci
3. S Farnetti, C Ricordi. Eating planet food and sustainability:
building our future.
Health and disease in the highly processed food era. Cap 4 . 197.
Barilla Center
for Food & Nutrition. Ed Ambiente.
4. S. Farnetti. Medicina Complementare ed Alternativa The Merck
Manual of
Diagnosis and Therapy. 19th Ed. Merck Sharp & Dohme corp. Ed
Italiana
2014.
5. S. Farnetti . " Everything you know about food is false " Ed 2012
BEST BUR
Rizzoli
- 3 S. Farnetti . Functional Food . The therapeutic value of human
nutrition. Vol 1 ,
Sec 5, Cap 55 . 487-490 . In the Treaty of Internal Medicine.
Giovanni Gasbarrini
Ed 2010; Verduci (Rome) .
6. S. Farnetti, S. Nistico, I. Pulcini: "Health makes you beautiful" ,Ed.
2010
7. S. Farnetti . " Once upon a time the usual stuff .. " The virtues of
food between taboo and false beliefs . and in 2009
8. S. Farnetti . Functional Food and overweight body . Cesi · Ed.
2008
9. 4th Report Update on the monitoring of the Convention on the
Rights of the Child in Italy 2007-2008. 1.5.2. Working Group on
the Rights of the Child.
10. S. Farnetti, E. Capristo. Constipation in adults and the elderly. The
PEG macrogol 4000 . And Ed. 2006
11. S. Farnetti, E. Capristo. Omega 3 and cardiovascular risk. 1-8
Editeam Ed 2006
12. GB Gasbarrini, E. Capristo, S. Farnetti, G. Addolorato. Nutrition
and Wellness. And Editeam 2005
13. E. Capristo, G. Addolorato, Greco, Gasbarrini G. & Study Group
for Alcohol - lated disorders. Effects of chronic alcohol on energy
metabolism and nutritional status. In Diseases of the Liver:
Alcohol Abuse, Transplantation, Hypochondria, edited by E.
Orlandelli , Ed SEU (Rome) .
14. G. Addolorato, C. Ancona, E. Capristo, G. Gasbarrini Alcoholism
& Related Diseases Study Group. Alcohol and body composition.
In Comprehensive Handbook of Alcohol Related Pathology,
edited by Victor Preedy, Ed Elsevier Sciences (London).
15. C. Addolorato, E. Capristo, G. Gasbarrini, G. Addolorato, E. Capristo, G. Gasbarrini

ACTIVITY OF REVIEWER FOR PEER- REVIEWED JOURNALS

1. European Journal of Endocrinology . IF 3,482
2. Journal of Medicinal Food IF 2.9
3. CellR4
4. European Review for Medical and Pharmacological Sciences

NATIONAL AND INTERNATIONAL COMMUNICATIONS CONFERENCE

1. A. Capristo, S. Farnetti, G. Mingrone, M. Certo, AV. Greco, G. Gasbarrini. Effect of a glutamine and arginine- enriched enteral diet treatment on nutrition and metabolic characteristics and disease activity in patients with Crohn 's disease . IX Congress of the National Federation of Digestive Diseases (aigo - SIED - GETS), Rome, 22-26 June 2002. Dig Liv Dis 2002; 34 (Suppl. 1): A135.
2. G. Addolorato, L. Leggio, L. Abenavoli, G. Gasbarrini, Alcoholism Treatment Study Group. The craving in alcohol dependence: from the clinic to treatment. IX Congress of the National Federation of Digestive Diseases (aigo - SIED - GETS), Rome, 22-26 June 2002 Italian Journal of the Addictions, 40: 15-30, 2003. (Review Article).
3. A. Capristo, S. Farnetti, G. Mingrone, Greco AV, Gasbarrini G. Increase in serum high-density lipoprotein -cholesterol level in patients celiac disease after treatment with a gluten free diet : a longitudinal study . IX Congress of the National Federation of Digestive Diseases (aigo - SIED - GETS). Rome , 22-26 June 2002 . Dig Liv Dis 2002; 34 (Suppl. 1): A33 .
4. E. Capristo, S. Farnetti, M. Certo, G. Addolorato, L. Leggio, G. Delorenzi Abenavoli L., A. Ferrulli, G. Mingrone, AV Greco, G. Gasbarrini. Reduced plasma ghrelin concentration in celiac disease after gluten-free diet treatment. X Congress of the National Federation of Digestive Diseases (aigo - SIED - GETS); Centro Congressi Lingotto, Turin, 23-24th March 2004. Dig Liv Dis 2004; 36 (Suppl.2).
5. E. Capristo, S. Farnetti, G. Addolorato, L. Leggio, G. Delorenzi, L. Abenavoli, ME D'Angelo Di Paola, G. Mingrone, A.V. Greco, G. Gasbarrini. Relationship between circulating leptin , inflammatory activity and insulin sensitivity in patients with Crohn's disease. X Congress of the National Federation of Digestive Diseases (aigo - SIED - GETS); Centro Congressi Lingotto, Turin, 23-24th March 2004. Dig Liv Dis 2004; 36 (Suppl.2).
6. L. Leggio, L. Abenavoli , G. Delorenzi , A. Parente , A. Ferrulli , ME D'Angelo Di Paola, S. Farnetti, L. Ghaeni, D. Judas, G. De Rossi, V. Valenza , M. Domenicali, F. Caputo, E. Capristo, G. Addolorato, G. Gasbarrini . Regional cerebral hypoperfusion in patients with celiac disease. X Congress of the National Federation of Digestive Diseases (aigo - SIED - GETS) ; Centro Congressi Lingotto , Turin , 23-24 March 2004 . Dig Liv Dis 2004; 36 (Suppl.2) .
7. Abenavoli L., L. Leggio, G. Delorenzi , A. Parente, A. Ferrulli , ME D'Angelo Di Paola, S. Farnetti , E. Capristo , L. Ghaeni , M. Rolls, GL Rapaccini , Addolorato, G. Gasbarrini. Rapid regression of

9. Addolorato G., L. Abenavoli, L. Leggio, G. Delorenzi, A. Parente, A. Ferrulli, ME D'Angelo Di Paola, S. Farnetti, E. Capristo, L. Ghaeni, M. Rolls, GL Rapaccini, G. Gasbarrini. A case of severe psoriasis associated with celiac disease: rapid regression of skin lesion after gluten-free diet . XI International Symposium on Coeliac Disease . Waterfront Hall, Belfast, Northern Ireland, 28-30th April 2004.
10. Addolorato G. , L. Leggio, L. Abenavoli , G. Delorenzi , A. Parente , A. Ferrulli , ME D'Angelo Di Paola , S. Farnetti , L. Ghaeni , D. Judas , G. De Rossi , V. Valenza , M. Domenicali , F. Caputo, E. Capristo , G. Gasbarrini . Regional cerebral hypoperfusion in patients with celiac disease . XI International Symposium on Coeliac Disease . Waterfront Hall , Belfast, Northern Ireland , 28-30 April 2004 .
11. Abenavoli L. , L. Leggio, G. Delorenzi , A. Parente , A. Ferrulli , ME D'Angelo Di Paola, C. D'Angelo, L. Vonghia, S. Farnetti , E. Capristo , I. Proietti, M. Rolls, GL Rapaccini, Addolorato, G. Gasbarrini . Association between celiac disease and psoriasis : a case of rapid regression of skin manifestations after a gluten free diet .105th Congress of the Italian Society of Internal Medicine (SIMI), Palermo, 23-26th October 2004, Italian abstract in Annals of Internal Medicine, 19 (Suppl. 2): S87, 2004.
12. Abenavoli L., L. Leggio, G. Delorenzi, A. Parente, ME D'Angelo Di Paola, C. D'Angelo, L. Vonghia, S. Farnetti, F. Caputo, E. Capristo, GL Rapaccini, G. Gasbarrini, G. Addolorato. Rapid suppression of delirium tremens by baclofen in an alcohol -dependent patient.105^o Congress of the Italian Society of Internal Medicine (SIMI), Palermo , 23-26th October 2004, Italian abstract in Annals of Internal Medicine, 19 (Suppl.2): S87, 2004.
13. L. Leggio L. Abenavoli , Delorenzi G. , C. D'Angelo , A. Parente, A. Ferrulli, E. Capristo, S. Farnetti , T. De Michele , C. Zuppi , D. Gui, GL Rapaccini, Addolorato G. , G. Gasbarrini .Normalization of serum CA 125 level after Denver shunt placement in cirrhosis with refractory ascites : a case study. 105^o Congress of the Italian Society of Internal Medicine (SIMI), Palermo , 23-26th October 2004, Italian abstract in Annals of Internal Medicine , 19 (Suppl. 2): S97 , 2004.
14. S. Farnetti, E. Capristo , M. Certo, Addolorato G. , L. Abenavoli , L. Leggio , N. Malandrino, G. Delorenzi Mingrone G., G. Gasbarrini. Reduced plasma ghrelin concentration in celiac disease after gluten-free diet treatment.105^o Congress of the Italian Society of Internal Medicine (SIMI), Palermo, 23-26th October 2004, Italian abstract in Annals of Internal Medicine, 19 (Suppl. 2): S16, 2004. (Researcher Award)
15. S. Farnetti, A. Capristo, G. Addolorato, L. Leggio, L. Abenavoli, Delorenzi G., G. Mingrone, G. Gasbarrini. Relationship between circulating leptin, inflammatory activity and insulin sensitivity in patients with Crohn 's disease. 105^o Congress of the Italian Society of Internal Medicine (SIMI), Palermo , 23-26th October 2004, Italian abstract in Annals of Internal Medicine, 19 (Suppl. 2): S3, 2004. (Oral presentation)
16. E. Capristo, S. Farnetti., AI Reduced plasma ghrelin concentration in celiac disease after gluten-free diet treatment. ECACN IV Annual Meeting, Rome, 6-7th November 2004 Abstract in European Chapter of the American College of Nutrition, 42-43 , 2004
17. A. Capri sta , S. Farnetti, et. al. Relationship between circulating leptin, inflammatory activity and insulin sensitivity in patients with

19. E. Capristo * , S. * Farnetti , W.F. ° Guglielmi , G. Mingrone * , S. Mazzuoli ° , N ° Regano , Fregnan ° S., G. Gasbarrini * Reduced plasma ghrelin concentration in patients with Inflammatory Bowel Disease . SINPE monothematic meeting, Palermo 11 to 13 November 2004; Italian Journal of Parenteral and Enteral Nutr, Year 22 , 3:156 , 2004.
20. E. Capristo , A. Forgione, V. Vittoria , L. Miele , Diana M. , S. Farnetti, G. Gasbarrini . A. Greco . Body composition and nutrient utilization in patients with Hepatitis Non-Alcoholic steatohepatitis (NASH) . AASLD 55th Annual Meeting, Boston, 29 to 2 November 2004. Dig . Liv . Dis .
21. E. Capristo , S. Farnetti , W.F. Guglielmi , G. Mingrone, S. Mazzuoli, N. Regano , Fregnan ° S. , G. Gasbarrini * Reduced plasma ghrelin concentration in patients with Inflammatory Bowel Disease . XI National Congress of Digestive Diseases, Genoa 12 to 16th March 2005.
22. L. Leggio, L. Abenavoli , G. Loudianos , A. Ferrulli , C. D'Angelo , L. Vonghia, A. Miriello , M.B. Lepori , N. Malandrino, S. Farnetti , E. Capristo , GL Rapaccini, S. De Virgiliis , Addolorato G. , G. Gasbarrini. A new mutation of the Wilson 's disease ATP7B gene and genotype- phenotype in Hypotheses correlation. 106th Congress of the Italian Society of Internal Medicine (SIMI), Rome 18-21 October 2005; Italian abstract in the Annals of Internal Medicine
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Consultant Nutritionist

2009 – 2018 TV SHOW

2015 – 2016 Scola Cantorum

2015 – 2016 Luiss Business school, Rome

PRESS RELEASE

- Magazines: weekly "Di Tutto", monthly "Top Health" monthly "Il Cuoco," monthly "StarBene," monthly "Vivere Light" monthly "Occhio alla spesa."

- Collaborations newspapers and magazines: LA REPUBBLICA, LA NAZIONE, IL CORRIERE DELLA SERA, IL MESSAGGERO, magazine "Readers Digest" magazine "D Più" magazine "Donna Moderna" monthly "Donna al Top," monthly "Marie Claire", "TASTE" monthly "Effe" monthly "Silhouette" , weekly "Viver Sani E Belli," monthly "Ok Salute", monthly. "Vanity Fair".

- Main presences on Web portals, collaboration sites: yahoo.it, reuters health, tempo.it, repubblica.it, libero.it, vanityfair.it, vogue.it, marie claire.it, panorama.it;