

CURRICULUM VITAE
SARA FARNETTI



PERSONAL INFORMATION

Name **SARA FARNETTI MD, PH.D.**
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E-mail and site sara.farnetti@eutrophia.it <http://www.sarafarnetti.it>
Nazionalità **ITALIAN**
Date of birth **09/01/1978**

WORK EXPERIENCE

- Date (from – to) **2005 – 2006**
 - Name and address of the employer **Università Cattolica Sacro Cuore - Rome**
First National Training course on Celiac Disease ECM
 - Type of company University
 - Position Teacher
 - Main tasks and responsibilities
-
- Date (from – to) **2005 – 2008**
 - Name and address of the employer **Study Centre of Natural Medicine of Florence**
Course: Functional Food N.a.m.e.
 - Type of company Study Centre
 - Position Teacher
 - Main tasks and responsibilities
-
- Date (from – to) **2005 – 2009**
 - Name and address of the employer **New Port University - Rome**
Course: Functional Food
 - Type of company University
 - Position Teacher
 - Main tasks and responsibilities
-
- Date (from – to) **2005 – 2009**
 - Name and address of the employer **New Port University. Sede di Roma**
 - Type of company University
 - Position Teacher
 - Main tasks and responsibilities
-
- Date (from – to) **2006 – 2008**
 - Name and address of the employer **Medical Hospital School, Borgo S. Spirito- Roma**

<ul style="list-style-type: none"> • Type of company • Tipo di impiego • Principali mansioni e responsabilità 	<p>Medical Hospital School Teacher Teacher for the ECM course of “Prevention of the cardiovascular disease at the table”</p>
<ul style="list-style-type: none"> • Date (from – to) • Name and address of the employer • Type of company • Position • Main tasks and responsibilities 	<p>2005 – 2010 Art Accademy Health of S. Spirito in Sassia- Roma Accademy Co-director Four years master for doctors and biologist in Nutritional Bioteraphy, for the discipline of Functional Food.</p>
<ul style="list-style-type: none"> • Date (from – to) • Name and address of the employer • Type of company • Position • Main tasks and responsibilities 	<p>2007 Association Eutrophia www.eutrophia.it Association Chairman of Eutrophia Functional Food for the Study</p>
<ul style="list-style-type: none"> • Date (from – to) • Name and address of the employer • Type of company • Position • Main tasks and responsibilities 	<p>2007 – 2008 Rotaract District 2080 Lazio - Sardegna Project Manager “Health Power” Project Manager</p>
<ul style="list-style-type: none"> • Date (from – to) • Name and address of the employer • Type of company • Position • Main tasks and responsibilities 	<p>2007 – 2008 Working Group on the Rights of the Child. Project Manager 4th Report on the update and monitoring of the Convention on the Rights of Adolescents in Italy 2007-2008.</p>
<ul style="list-style-type: none"> • Date (from – to) • Name and address of the employer • Type of company • Position • Main tasks and responsibilities 	<p>2008 International Competition “Miss Italia nel Mondo” 2008 – Jesolo http://www.eutrophia.it/RassegnaStampa/RassegnaStampa.aspx International Competition Project Manager Project: “Power supply: Elixir of Health and Beauty”</p>
<ul style="list-style-type: none"> • Date (from – to) • Name and address of the employer • Type of company • Position • Main tasks and responsibilities 	<p>2008 National Competition “Miss Italia” 2008 – Salsomaggiore http://www.eutrophia.it/RassegnaStampa/RassegnaStampa.aspx National Competition Project Manager Project: “Supply the Beauty”</p>
<ul style="list-style-type: none"> • Date (from – to) • Name and address of the employer • Type of company • Position • Main tasks and responsibilities 	<p>2009 Foundation “Movimento Bambino” http://www.movimentobambino.org/index.php Foundation Contact person</p>
<ul style="list-style-type: none"> • Date (from – to) 	<p>2009</p>

<ul style="list-style-type: none"> Name and address of the employer 	<p>National Competition "Miss Italia" 2009 – Salsomaggiore Ministry of Labour, Health and Social Policy and LILT http://www.eutrophia.it/MissItalia/MI2009.aspx</p>
<ul style="list-style-type: none"> Type of company Position 	<p>National Competition Committee Project Manager</p>
<ul style="list-style-type: none"> Main tasks and responsibilities 	<p>Responsible of the Head of the "Once upon a time the usual stuff," as part of the Memorandum of Understanding "Gaining Health", under the patronage of the Ministry of Labour, Health and Social Policies and LILT.</p>
<ul style="list-style-type: none"> Date (from – to) Name and address of the employer Type of company Position Main tasks and responsibilities 	<p>2010 Rome Municipality and the association ADAO</p>
<ul style="list-style-type: none"> Date (from – to) Name and address of the employer Type of company Position Main tasks and responsibilities 	<p>Project Manager Curator of the pilot project for primary school: "The Game of the Goose with the Food. "</p>
<ul style="list-style-type: none"> Date (from – to) Name and address of the employer Type of company Position Main tasks and responsibilities 	<p>2010 Magazine Donna Moderna Mondadori Publisher Group Contact Nutritionist Blog: Women and Moms: from conception, to raising children-food section. http://blog.donnamoderna.com/donna-mamma/</p>
<ul style="list-style-type: none"> Date (from – to) Name and address of the employer Type of company Position Main tasks and responsibilities 	<p>2010 SISA (Italian Society of Food Science) Private Association Sisa's Member and AIC(Italian Celiac Association)'s Delegate</p>
<ul style="list-style-type: none"> Date (from – to) Name and address of the employer Type of company Position Main tasks and responsibilities 	<p>2010 LILT (Italian League for the Fight against Cancer). http://www.eutrophia.it/Corsi/PrevOnc/PrevenzioneO.aspx League National Week for Cancer Prevention - Editorial brochure - We feed prevention to defeat cancer</p>
<ul style="list-style-type: none"> Date (from – to) Name and address of the employer Type of company Position Main tasks and responsibilities 	<p>2010 Medical Association of Rome, LILT, the Fair Play of CONI, the SIDeMaST (Italian Society of Dermatology and Sexually Transmitted Diseases) and SISA (Italian Society Science Supply) National Competition "Miss Italy" 2010, Salsomaggiore.</p> <p>Project manager Project "Health makes you Beautiful"</p>
<ul style="list-style-type: none"> Date (from – to) Name and address of the employer Type of company Position Main tasks and responsibilities 	<p>2010 -12 University of Rome, La Sapienza University Project manager Lecturer, Master's Degree in Clinical Nutrition and Metabolism (Prof. Rossi Fanelli).</p>
<ul style="list-style-type: none"> Date (from – to) Name and address of the employer Type of company Position 	<p>2011 Medical Association of Rome, LILT, the Fair Play of CONI, the SIDeMaST (Italian Society of Dermatology and Sexually Transmitted Diseases) and SISA (Italian Society Science Supply). Associations Project coordinator</p>

<ul style="list-style-type: none"> • Main tasks and responsibilities 	<p>.</p>
<ul style="list-style-type: none"> • Date (from – to) • Name and address of the employer • Type of company • Position • Main tasks and responsibilities 	<p>2011 TEDx</p> <p>Rapporteur TEDx "All you know about food is false" - Reggio Emilia.</p>
<ul style="list-style-type: none"> • Date (from – to) • Name and address of the employer • Type of company • Position • Main tasks and responsibilities 	<p>14 March - 16 May 2013 EATALY. Rome.</p> <p>Teacher Monographyc Course: "Unlike food. Everything you know about food is fake "</p>
<ul style="list-style-type: none"> • Date (from – to) • Name and address of the employer • Type of company • Position 	<p>17 January - 7 March 2013. - 2015 AIS-BIBENDA. Rome <i>Private Association</i> Teacher Monographyc Course: "Unlike food. Everything you know about food is fake "</p>
<ul style="list-style-type: none"> . Date . . Name and address of the employer . Type of company . Position 	<p>February, 2015 Ministry of Health EXPO Milan Working table conference - The first draft of the "Milan Charter</p>
<ul style="list-style-type: none"> . Date . . Name and address of the employer . Type of company . Position 	<p>April , 2015 Ministry of Agricultural EXPO Milan Working table conference - Go to Milan Carte</p>
<ul style="list-style-type: none"> . Date . . Name and address of the employer . Type of company . Position 	<p>October, 2015 Ministry of Health EXPO Milan Working table conference Feeding the planet in health. <i>A High- Level International Meeting convened by the Ministry of Health to focus on Nutrition</i></p>
<ul style="list-style-type: none"> . Date . . Name and address of the employer . Type of company . Position 	<p>April 2016 Ministry of Health</p> <p>Working table conference - National Women Health Day</p>
<ul style="list-style-type: none"> • Date (from – to) • Name and address of the employer • Type of company • Position 	<p>6 May, 2016 TEDx LUISS (r)evolution</p> <p>Rapporteur TEDx "Functional Nutrition: the key of the life" – Rome</p>
<ul style="list-style-type: none"> • Date (from – to) • Name and address of the employer • Type of company • Position 	<p>2016 Strategic Advisor for Barilla Center for Food & Nutrition BCFN - Barilla Center for Food & Nutrition Strategic Advisor</p>

<ul style="list-style-type: none"> • Date (from – to) • Name and address of the employer • Type of company • Position 	<p>2016 - 2018</p> <p>Post graduated course "Circular Health" degree course</p> <p>LUISS University</p> <p>Director - Professor</p>
<ul style="list-style-type: none"> • Date (from – to) • Name and address of the employer • Type of company • Position 	<p>2019 - 2023</p> <p>Degree course "Circular Health"</p> <p>LUISS University</p> <p>Director - Professor</p>
<ul style="list-style-type: none"> • Date (from – to) • Name and address of the employer • Type of company • Position 	<p>2018</p> <p>Delegate for ENPAM in the Scientific committee</p> <p>FICO foundation Bologna , Italy</p> <p>Scientific committee</p>
<ul style="list-style-type: none"> • Date (from – to) • Name and address of the employer • Type of company • Position 	<p>2021 -</p> <p>Agricultural, Industry, Sustainability</p> <p>Agronetwork – Nomisma-Luiss-Confagricoltura</p> <p>President</p>

EDUCATION AND TRAINING

- Date (from – to)
- Name and type of organization providing education and training
- Principal subjects / occupational skills covered by the study
- Qualifications/Awards

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- Name and type of organization providing education and training
- Principal subjects / occupational skills covered by the study

- Qualifications/Awards

- Date (from – to)
- Name and type of organization providing education and training
- Qualifications/Awards

1992 – 1997

Liceo Scientifico “Ignazio Vian”, Bracciano

High School Diploma “Maturità Scientifica” (gradesi 60/60)

1997 – 2003

“Università Cattolica del Sacro Cuore” Rome

Thesis titled in experimental character: Body composition and regulation of energy metabolism in patients with celiac disease before and after gluten-free diet: the role of leptin and ghrelin.

Degree in Medicine and Surgery (110/110 cum laude)

2003

“Università Cattolica del Sacro Cuore” Rome

Attainment of the suitability to practice medicine and surgery (vote points 110/110)

- Date (from – to)
- Name and type of organization providing education and training
- Principal subjects / occupational skills covered by the study
- Qualifications/Awards

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- Qualifications/Awards

- Date (from – to)
- Name and address of the employer
- Type of company
- Position

- Date (from – to)
- Name and address of the employer
- Type of company
- Position
- Main tasks and responsibilities

2002

“Università Cattolica del Sacro Cuore” Rome

Scholarship for the year 2002-2003 in order to achieve, within the regular session, all of the exams required by the law of the Degree in Medicine and Surgery

2003

“Università Cattolica del Sacro Cuore” Rome

Scholarship for discussion before the summer session in July 2003, Thesis Degree in Medicine and Surgery

2004

SIMI

Young Researchers Award: S. Farnetti., E. Capristo, M. Certo, G., L. Abenavoli, L. Leggio, N. Malandrino, G. De Lorenzi, G. Mingrone, G. Gasbarrini. Reduced plasma ghrelin concentration in celiac disease after gluten-free diet treatment

2008

“Università Cattolica del Sacro Cuore” Rome

Thesis titled in experimental character: Effect of the use of extra virgin olive oil, unaltered and fried on glucose metabolism in insulin-resistant subjects

Degree in Internal Medicine (grade 50/50 cum laude)

2008

“Università Cattolica del Sacro Cuore” Rome

Ph.D. in Pathophysiology of Nutrition and Metabolism

2014 1 April

DRI (Diabetes Research Institute)

Federation

Director, DRI Federation Wellness and Nutrition Program

Director, Eutrophia Center Rome, Italy

2014 - 2022

Division of Cellular Transplantation, Diabetes Research Institute

University of Miami Miller School of Medicine.

Assistant Professor

Wellness and Nutrition Program

- Date (from – to)
- Name and type of organization providing education and training
- Qualifications/Awards

2023

Messina University

Ph.D. Honoris Causa in Chemical Science and Pharmaceutical and Nutraceutical-Food Technologies

PERSONAL SKILLS

MOTHER TONGUE

ITALIAN

OTHER LANGUAGES

- Reading
- Writing
- Speaking

ENGLISH

Good

Good

Good

TECHNICAL SKILLS

DRIVING LINCENSE

B

ORGANIZATIONAL/ MANAGERIAL SKILLS

RECOGNIZED ABILITY TO REPORT AND COORDINATE PEOPLE GROUP. WORK EXPERIENCE. LEADERSHIP SKILLS. PUBLIC SPEAKING OF HIGHER LEARNING. HIGH CAPACITY OF ORAL COMMUNICATION.

ADDITIONAL INFORMATION
CHARITABLE ACTIVITY

2000-2001: MIF at the Institute of Medical Pathology headed by Prof. Chiar.mo Citizens, Laboratory of Molecular Oncology, Biological Institutes, Catholic University of the Sacred Heart, Rome office.

2001-2002: MIF in the Division of Gastroenterology, directed by Prof. Antonio Gasbarrini, Department of Internal Medicine, Catholic University of the Sacred Heart, Rome office.

2002-2003: MIF in the Division of Endocrinology and Metabolic Diseases, led by Prof. Aldo V. Greco, Institute of Internal Medicine, Catholic University of the Sacred Heart, Rome office.

2003-2008: MIF at the Institute of Internal Medicine, Metabolic Diseases Division, headed by Prof. Raffaele Landolfi Chiar.mo, Catholic University of the Sacred Heart, Rome office.

2003-2008: Working at the Service of Day-Hospital of Endocrinology and Metabolism Metabolic Diseases, Catholic University of the Sacred Heart, Rome office.

COVERED TOPICS

KEY SCIENTIFIC TOPICS COVERED

- Internal Medicine
- Functional Metabolic Approach to nutrition : the use of food and its associations in the various functional and organic diseases on the basis of the correlations : food - body - cell – hormonal balance – metabolism
- Metabolic Syndrome: prevention and downstaging of the risk factors
- Diabetes mellitus type 2: the strategies to manage, to cure and to heal insulin resistance and hyperinsulinism
- Complete characterization of lipids in human: lipidomic profile, omega 3 screening and ratios
- Dyslipidemia
- Obesity: pathophysiology and therapeutic approach. Surgical treatment of obesity: implications for clinical and nutritional follow-up
- Celiac disease: systemic Functional approach to a complex syndrome
- Food intolerance and the organs functions implication
- Functional nutrition in critical age groups (adolescence, pregnancy, menopause, old-age)
- Role of supplements and herbal products
- Studies of the kinetics and dynamics of the main energy substrates in parenteral and enteral nutrition, particularly with regard to glucose, saturated fatty acids , monounsaturated (MUFA) and polyunsaturated (PUFA), medium chain (MCT), and the different cooking modes of fat

- Kinetic studies of essential fatty acids : therapeutic implications of fatty acids Omega 6 and Omega 3 in chronic diseases and intestinal Crohn's disease, celiac disease and ulcerative colitis, acute alcohol in pathology, in NAFLD and NASH, autoimmune thyroiditis .
- Assessment of nutritional status in patients with: Crohn's disease, ulcerative colitis, celiac disease, food allergies, NAFLD and NASH, obesity, anorexia nervosa.
- Techniques for measuring body composition (anthropometry, skinfold thickness, bioelectrical impedance, DXA, isotope dilution, hydrostatic weighing, adiabatic chamber, computed tomography, magnetic resonance imaging, etc.).
- Principles and techniques of indirect calorimetry: assessment of energy expenditure and the use of different substrates, using calorimeters and portable metabolic chamber
- Assessment of pathophysiological levels of anxiety and depression in patients with : irritable bowel syndrome, Crohn's disease, ulcerative colitis, celiac disease, food allergies
- Pathophysiology of acute and chronic damage from alcohol. Treating alcohol dependence : pharmacological approaches - Metabolic and nutritional aspects in alcoholic patients.

PUBLICATIONS

ARTICLES PUBLISHED ON MAGAZINES WITH SELECTION COMMITTEE NATIONAL AND INTERNATIONAL

Prof Farnetti has been conducting multi-center clinical studies with the role of principal investigator since 2010. Dr Farnetti as a principal investigator has been treating patients, gathering the data, and writing in English the manuscripts to be submitted for the peer-review to the editorial committee of the international journals.

Donato Paola, Rigano F, Cacciola Francesco, Schure M, Farnetti Sara, Russo Marina, Dugo Paola, Mondello Luigi. Comprehensive two-dimensional liquid chromatography-tandem mass spectrometry for the simultaneous determination of wine polyphenols and target contaminants. *J Chromatogr A*. 2016; 5, 1458:54-62

Marina Russo, Adriana Arigò, Maria Luisa Calabrò, Sara Farnetti, Luigi Mondello, Paola Dugo. Bergamot (*Citrus bergamia* Risso) as a source of nutraceuticals: Limonoids and flavonoids. *Journal of Functional Foods* 20 (2016) 10–19.

Meriem Mokhtar, Marina Russo, Francesco Cacciola, Paola Donato, Daniele Giuffrida, Ali Riazi, Sara Farnetti, Paola Dugo, et al. Capsaicinoids and Carotenoids in *Capsicum annum* L.: Optimization of the Extraction Method, Analytical Characterization, and Evaluation of its Biological Properties. *Food Anal. Methods* (2016) 9:1381–1390. *J. Sep. Sci.* 2016, 39, 2018–2027.

Marina Russo, Francesca Rigano, Adriana Arigo, Danilo Sciarrone, Maria Luisa Calabr`o Sara Farnetti, Paola Dugo, Luigi Mondello. Rapid isolation, reliable characterization, and

water solubility improvement of polymethoxyflavones from cold-pressed mandarin essential oil

S. Pantò D., Sciarrone, M., Maimone., C. Ragonese, S. Giofrè, P. Donato, S. Farnetti, L. Mondello. Performance Evaluation of a Versatile Multidimensional Chromatographic Preparative System based on 3DGC and LC-2DGC for the collection of volatile constituents. Review : *Chromatogr A*. 2015 ; 1417:96-103

C Ricordi, M Garcia-Contreras, S Farnetti. Diet and Inflammation: Possible Effects on Immunity, Chronic Diseases, and Life Span. *ACNJ*. 2015; 34, (1):10-13.

Fanali C, Beccaria M, Salivo S, Tranchida P, Tripodo G, Farnetti S, Dugo L, Dugo P, Mondello L. Non-polar lipids characterization of Quinoa (*Chenopodium quinoa*) seed by comprehensive two-dimensional gas chromatography with flame ionization/mass spectrometry detection and non-aqueous reversed-phase liquid chromatography with atmospheric pressure chemical ionization mass spectrometry detection. *J. Sep. Sci.* 2015, 38, 3151–3160

Cacciola Francesco, Russo Marina, Beccaria M, Donato Paola, Farnetti Sara, Dugo Paola and Mondello Luigi. Comprehensive Two-Dimensional Liquid Chromatography Methods for Analysis of Polyphenols in Food Samples. *Austin Chromatogr.* 2015;2(1): 1028.

S Farnetti, MA Zocco, M Garcovich, A Gasbarrini, E Capristo. Functional and Metabolic Disorders in Celiac Disease: New Implications for Nutritional Treatment. *J Med Food*. 2014; 17 (11): 1159-164.

Original manuscript and clinical research ranked in the 2014 top 10 articles ranking of the Journal of Medical Food

S. Farnetti, N. Malandrino, Luciani D, Gasbarrini G, E. Capristo. Food fried in extra-virgin olive oil improves postprandial insulin response in obese, insulin-resistant women. *J Med Food*. 2011; 14 (3): 316-21.

S. Farnetti. Functional Nutrition and Celiac Disease: beyond the gluten-free diet. *Celiac News*. November 2010

E. Capristo, R. Patti, N. Malandrino, S. Farnetti, A. Grieco, G. Mingrone, G. Gasbarrini. Epicardial fat thickness correlates with body fat stores, insulin resistance and alanine aminotransferase in patients affected by non-alcoholic steatohepatitis (NASH). *Metabolism Nutr Ther* 2010; 28 (2).

E. Capristo, N. Malandrino, S. Farnetti, G. Mingrone, L. Leggio, G. Addolorato, G. Gasbarrini. Increased Serum High-Density Lipoprotein -Cholesterol Concentration in Celiac Disease After Gluten-Free Diet Treatment Correlates With Body Fat Stores. *J Clin*

Gastroenterol 2009.

. N. Malandrino, E. Capristo, S. Farnetti, Leggio L, L. Abenavoli, Addolorato G, Gasbarrini G. Metabolic and nutritional features in adult celiac patients. Dig Dis 2008; 26 (2) :128 -33

. Aurigemma C, A Fattorossi, A Sestito, GA Sgueglia, S. Farnetti, A Buzzonetti, Infusino, R. Landolfi, G. Scambia, F. Crea, Lanza GA. Relationship between changes in platelet reactivity and changes in platelet reactivity and changes in platelet receptor expression induced by physical exercise. Thromb Res 2007; 120 (6): 901-9.

S. Farnetti, M.E. Valera Mora, N. Malandrino, A. Iaconelli, C. Guidone, G. Gasbarrini, E. Capristo, G. Mingrone. Relationship between body composition, growth hormone and ghrelin secretion in morbidly obese subjects before and after surgically-induced weight loss RINPE 2007.

E. Capristo, N. Malandrino, S. Farnetti, G. Addolorato, G. Gasbarrini. The metabolic alteration: a risk factor for cancer. Inter Emerg Med 2006; 1 (Suppl 3) 29s - 35s.

G. Addolorato, E. Capristo, L. Leggio, A. Ferulli, L. Abenavoli, N. Malandrino, S. G. Gasbarrini Farnetti. Relationship between ghrelin levels, alcohol craving and nutritional status in current alcoholic patients. Alcohol Clin Exp Res 2006; 30: 1933-37

G. Addolorato, L. Leggio, L. Abenavoli, G. Gasbarrini On behalf of the Alcoholism Treatment Study Group. Neurobiochemical and clinical aspects of craving in alcohol addiction: A review. Addictive Behaviors 2005; 30: 1290-1224. (Review Article).

E. Capristo, L. Miele, A. Forgione, V. Vero, S. Farnetti, G. Mingrone, AV Greco, G. Gasbarrini, A. Grieco. Nutritional aspects in patients with non-alcoholic steatohepatitis (NASH). Eur Rev Med Pharmacol Sci 2005; 9 (Suppl 1)

E. Capristo, G. Addolorato, S. Farnetti, G. Mingrone, AV Greco, G. Gasbarrini. Reduced plasma ghrelin concentration in celiac disease after a 1-year gluten-free diet treatment. Scand J Gastroenterol 2005; 40: 430-436.

S. Farnetti, E. Capristo, G. Gasbarrini. Reduction in extracellular body water in overweight women after administration of mineral water associated with a low-calorie diet. Min Gastroenterol Dietol 2004, 50 : 1-6.

E. Capristo, G. Addolorato, S. Farnetti, G. Mingrone, AV. Greco, G. Gasbarrini. Lipid Profile Alterations in Crohn's Disease: Role of Disease Localization and Nutrient Metabolism. Am J Gastroenterol 2004.

Addolorato G., L. Abenavoli, L. Leggio, G. Gasbarrini & Alcoholism Treatment Study Group.

How many craving ? Pharmacological aspects of craving treatment in alcohol addiction : review . Neuropsychobiology (Review Article) .

Addolorato G. , F. Caputo, M. Bernardi , G. Gasbarrini & Alcoholism Treatment Study group . The treatment of alcohol abuse and alcoholism : psychosocial and pharmacological management. Alcoholism , European Journal of Alcohol Studies , 2003; 15: 95-104 , (Review Article).

MONOGRAPHS CHAPTERS , BOOKS AND SCIENTIFIC ESSAYS

1. S. Farnetti "Pensaci Prima" Ed 2023 Rizzoli
2. S. Farnetti "Ricette Funzionali" Ed 2020 Bur Rizzoli
3. S. Farnetti et al " Il tuo corpo ti parla" Ed 2018 RAI ERI
4. S. Farnetti "Never on a diet again. Health and longevity with precision medicine" Ed 2018 BUR Rizzoli
5. S. Farnetti . " Everything you know about food is false " English Ed 2016 Verduci
6. S Farnetti, C Ricordi. Eating planet food and sustainability: building our future. Health and disease in the highly processed food era. Cap 4 . 197. Barilla Center for Food & Nutrition. Ed Ambiente.
7. S. Farnetti. Medicina Complementare ed Alternativa The Merck Manual of Diagnosis and Therapy. 19th Ed. Merck Sharp & Dohme corp. Ed Italiana 2014.
8. S. Farnetti . " Everything you know about food is false " Ed 2012 BEST BUR Rizzoli
- 3 S. Farnetti . Functional Food . The therapeutic value of human nutrition. Vol 1 , Sec 5, Cap 55 . 487-490 . In the Treaty of Internal Medicine. Giovanni Gasbarrini Ed 2010; Verduci (Rome) .
9. S. Farnetti, S. Nistico, I. Pulcini: "Health makes you beautiful" ,Ed. 2010
10. S. Farnetti . " Once upon a time the usual stuff .. " The virtues of food between taboo and false beliefs . and in 2009
11. S. Farnetti . Functional Food and overweight body . Cesi · Ed. 2008
12. 4th Report Update on the monitoring of the Convention on the Rights of the Child in Italy 2007-2008. 1.5.2. Working Group on the Rights of the Child.
13. S. Farnetti, E. Capristo. Constipation in adults and the elderly. The PEG macrogol 4000 . And Ed. 2006
14. S. Farnetti, E. Capristo. Omega 3 and cardiovascular risk. 1-8 Editeam Ed 2006
15. GB Gasbarrini, E. Capristo, S. Farnetti, G. Addolorato. Nutrition and Wellness. And Editeam 2005
16. E. Capristo, G. Addolorato, Greco, Gasbarrini G. & Study Group for Alcohol - lated disorders. Effects of chronic alcohol on energy metabolism and nutritional status. In Diseases of the Liver: Alcohol Abuse, Transplantation, Hypochondria, edited by E. Orlandelli , Ed SEU (Rome) .
17. G. Addolorato, C. Ancona, E. Capristo, G. Gasbarrini Alcoholism & Related

Diseases Study Group. Alcohol and body composition. In Comprehensive Handbook of Alcohol Related Pathology, edited by Victor Preedy, Ed Elsevier Sciences (London).

18. G. Addolorato, E. Capristo, F. Caputo, G. Gasbarrini & Study Group for Alcohol – related pathologies. Effects of chronic alcohol on energy metabolism and nutritional status in Alcoholism, edited by F. Trevisani, CLUEB Ed (Bologna).
19. E. Capristo, Graziosetto, S Farnetti, Greco, G. Gasbarrini Colic Motility. Updates in Clinical Nutrition . Topics in Clinical Nutrition, 2003.

PUBLICATIONS

ACTIVITY OF REVIEWER FOR PEER- REVIEWED JOURNALS

1. European Journal of Endocrinology . IF 3,482
2. Journal of Medicinal Food IF 2.9
3. CellR4
4. European Review for Medical and Pharmacological Sciences

NATIONAL AND INTERNATIONAL COMMUNICATIONS CONFERENCE

1. A. Capristo, S. Farnetti, G. Mingrone, M. Certo, AV. Greco, G Gasbarrini. Effect of a glutamine and arginine- enriched enteral diet treatment on nutrition and metabolic characteristics and disease activity in patients with Crohn 's disease . IX Congress of the National Federation of Digestive Diseases (aigo - SIED - GETS), Rome, 22-26 June 2002. Dig Liv Dis 2002; 34 (Suppl. 1): A135.
2. G. Addolorato, L. Leggio, L. Abenavoli, G. Gasbarrini, Alcoholism Treatment Study Group. The craving in alcohol dependence: from the clinic to treatment. IX Congress of the National Federation of Digestive Diseases (aigo - SIED - GETS), Rome, 22-26 June 2002 Italian Journal of the Addictions, 40: 15-30, 2003. (Review Article).
3. A. Capristo, S. Farnetti, G. Mingrone, Greco AV, Gasbarrini G. Increase in serum high-density lipoprotein -cholesterol level in patients celiac disease after treatment with a gluten free diet : a longitudinal study . IX Congress of the National Federation of Digestive Diseases (aigo - SIED - GETS). Rome , 22-26 June 2002 . Dig Liv Dis 2002; 34 (Suppl. 1): A33 .
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33. S. Farnetti . International Seminar " The ODD DAYS - DAY THE ODDS ", " The Best Practices of Social Care and Prevention of Eating Disorder ." Ministry of Health, Ministry of Youth under the Memorandum of Understanding Gaining Health. Todi 2009
34. S. Farnetti . Conference: Celiac disease and epidemiological science , new approaches. Ministry of Health, Public Health Department , nutrition and food safety, the Directorate-General food safety and nutrition. Functional Nutrition : beyond the gluten-free diet. Rome June 9, 2010
35. S. Farnetti . Congress SeVicol . The cook health promoter in catering . The other side of the pyramid: selection, preparation, cooking and combination of foods. Rome, February 28, 2011.
36. S. Farnetti . Second edition: in gluten-free cooking . AIC Lazio. Besides the diet gluten : the m of foods. Rome March 25, 2011
37. S. Farnetti. XXXIII National Congress A.Na.S.Me.S " physical and sporting activities: eating for wellness ." Osteoporosis and Intervention Functional nutrition . Chieti 28 to 29 May 2011; abstract and report on acts.
38. S. Farnetti. Conference on " Tourism and Celiac a possible combination . Fine Dining, accessible . " March 29, 2012 in Syracuse. Sponsored AIC and SISA .
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40. S. Farnetti . Conference Week of Good Living . League COOP. When food makes you beautiful. The psychology of form. October 3, 2013 Forli
41. S.Farnetti. Ministry of Health - Working table conference. The most significant legacy of Italy's Universal Expo: the first draft of the "Milan Charter", a proposed global agreement to ensure access to safe, healthy food for everyone." February 7, 2015 EXPO Milan
42. S.Farnetti. Ministry of Agricultural. Working table conference. Go to Milan Carte. April 2015, EXPO Milan
43. S. Farnetti. Conferences. Feeding the planet in health. *A High- Level International Meeting convened by the Ministry of Health to focus on Nutrition.* October 27 -28 2015 EXPO Milan
44. S. Farnetti. Ministry of Health - Working table conference. National Women Health Day. 22 April, 2016 Rome

ADDITIONAL INFORMATION

RADIO AND TELEVISION (TV) PRESENCES

TV

Tg 1 RAI, Tg 2 - Costume e Società RAI 2, Cibo e dintorni- RAI 2, Porta a Porta RA1, Uno Mattina Estate RAI 1, Uno Mattina RAI 1, Buongiorno Benessere - RAI 1, Diario Di Famiglia- RAI 3, L'aria che tira - L7, Domenica IN –RAI 1

Radio

RDS , Decanter : Radio 2 , Essere e Benessere: Radio 24

Date 2023

Creator and author of a cartoon series - for from 6 to 10 years old – for Rai YoYo Food Wizards

Consultant Nutritionist

2009 – 2023 TV SHOW and RADIO

2015 – 2016 Scola Cantorum, Roma

2015 – 2023 Luiss Business school, Rome

PRESS RELEASE

- Magazines: weekly "Di Tutto", monthly "Top Health" monthly "Il Cuoco," monthly "StarBene," monthly "Vivere Light" monthly "Occhio alla spesa."

- Collaborations newspapers and magazines: LA REPUBBLICA, LA NAZIONE, IL CORRIERE DELLA SERA, IL MESSAGGERO, magazine "Readers Digest" magazine "D Più" magazine "Donna Moderna" monthly "Donna al Top," monthly "Marie Claire", "TASTE" monthly "Effe" monthly "Silhouette" , weekly "Viver Sani E Belli," monthly "Ok Salute", monthly. "Vanity Fair".

- Main presences on Web portals, collaboration sites: yahoo.it, reuters health, tempo.it, repubblica.it, libero.it, vanityfair.it, vogue.it, marie claire.it, panorama.it;